



**IN YOUR TEENS,** each day skin naturally loses billions of dead skin cells to stay refreshed and renewed. During adolescence cells can shed, which can contribute to clogged pores and cause breakouts. To ensure your problematic skin is under control, we recommend using an exfoliator to remove excess dead skin build-up and promote clear, healthy skin. Proper cleansing removes trapped dirt, dead skin cells and other impurities to leave your skin glowing.

**DR. MAFFI RECOMMENDS:**

STEP **1** MORNING  
**CLEANSE** with a acne-prone skin cleanser

**CLARIFYING EXFOLIATING  
CLEANSER**

EVENING  
**CLEANSE** with a acne-prone skin cleanser

**LHA CLEANSING GEL**



STEP **2** MORNING  
**PREVENT** with an oil-free antioxidant

**SILYMARIN CF**



MORNING + EVENING  
**MOISTURIZE** with an oil-free moisturizer

**DAILY MOISTURE**



STEP **3** MORNING  
**PROTECT** with a broad spectrum sunscreen

**PHYSICAL MATTE UV DEFENSE  
SPF 50**



**THERE IS BEAUTY AT EVERY AGE.**



# Teens

## RECOMMENDED TREATMENTS

### HYDRADERMABRASION

Hydradermabrasion is a hydrating exfoliation process that utilizes an exfoliating diamond tip and powerful serums to cleanse, hydrate and gently exfoliate the skin. Much like microdermabrasion, the process removes built up debris and dead skin cells which leaves your skin feeling softer and more deeply hydrated.

### ACNE TREATMENTS

Various acne products and treatments are offered that can help prevent the formation of acne, treat current breakouts, and minimize blotchiness and inflammation through three modes of action: pore decongestion, exfoliation, and sebum reduction. Multiple treatments are usually recommended with little to no downtime.

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