



IN YOUR 30s, you will often start to see fine lines and wrinkles appear, and skin tone becoming more uneven. This is the time to choose a smart, 4-step anti-aging regimen, to set the course for a lifetime of good skin. Use a topical retinol product at night, and antioxidants daily to achieve glowing, healthy skin you desire.

DR. MAFFI RECOMMENDS:

STEP 1 MORNING + EVENING
CLEANSE with an exfoliating cleanser
PURIFYING CLEANSER



STEP 2 MORNING
PREVENT with an antioxidant
PHLORETIN CF®



STEP 3 MORNING + EVENING
CORRECT with a corrective serum
H.A. INTENSIFIER



STEP 4 MORNING
PROTECT with a broad spectrum sunscreen
PHYSICAL FUSION UV DEFENSE SPF 50

EVENING
CORRECT with a retinol
RETINOL 0.5



THERE IS BEAUTY AT EVERY AGE.



30s **RECOMMENDED TREATMENTS**

HYDRAFACIAL™ + PERKS

HydraFacial is a gentle treatment that starts with Dermaplaning. This is followed by a multistep process which cleanses, exfoliates and extracts the skin of impurities and dead skin cells while quenching the skin with antioxidants, peptides and hyaluronic acid. The treatment leaves your skin with a healthy, refreshed glow. Customize your HydraFacial with an added Perk of a specialized eye or lip treatment.

MICRONEEDLING

Microneedling is a minimally invasive skin rejuvenation treatment using a dermal device with tiny microneedles that puncture the top layer of skin, stimulating the production of collagen. The procedure targets fine lines and wrinkles, acne scarring and melasma. There is minimal to moderate downtime.

INJECTABLE: BOTOX® / DYSPORT®

Botox / Dysport temporarily relaxes muscles, such as those in the face, maintaining your natural youthfulness by smoothing lines and wrinkles. It's a subtle procedure, quick and effective in having you look your best.

INJECTABLE: FILLERS

Dermal fillers are non-surgical treatments where material is injected into the skin to fill and smooth facial wrinkles and folds. They can also be used for volume replacement, bringing back a more youthful appearance.

HALO LIGHT

Halo Light is a gentle non-ablative laser treatment that targets fine lines, skin tone and texture, and pore size. By creating heat in the underlying skin tissue without damaging the surface, new collagen is produced. These treatments are perfect for younger individuals who want to maintain their healthy, vibrant-looking skin. The procedure is quick and easy with little to no downtime.

Maffi Clinics

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